



Bearded Dragon



OVERVIEW



- Scientific Name: *Pogona vitticeps*
- Origin: Australia
- Ease of Care: Beginner
- Potential Adult Size: 18-22 inches
- Life Span: Upwards of 10 years
- Behaviour: Diurnal
- Diet: Insects & Greens
- Handling: Beginner

TOP TIPS

- ✓ Provide a suitable basking spot
- ✓ Bearded Dragons like to eat, so maintain a good supply of food
- ✓ Vary the food items you offer to your Bearded Dragon to keep it stimulated
- ✓ Use a sand scoop to make spot cleaning easier

HOUSING

The following are examples suitable for any age.

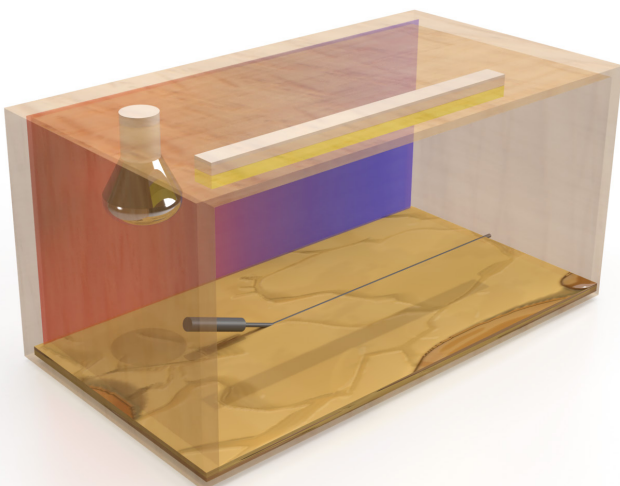
- Monkfield Vivarium 48x24x24" (DVF4824)
- Monkfield Vivarium 60x24x24" (DVF6024)
- Monkfield Vivarium 72x24x24" (DVF7224)

EQUIPMENT NEEDED

- Housing: Vivarium
- Heating: Heat Bulb (12 hours on/off cycle)
- Lighting: UV Tube (12 hours on/off cycle)
- Substrate: Bearded Dragon Bedding (HSBDB10), Arcadia EarthMix Arid (RAREA10)
- Water: Water Bowl

ENVIRONMENT

Terrestrial Vivarium Setup



Heating

Bearded Dragons are diurnal animals and require a suitable light and heat gradient in their Vivarium.

Background Temp: 23°C (73°F) to 30°C (86°F)

HOT Spot: 38°C (100°F)

Night-Time Temp: 18°C (64°F)

Provide a warmer/hot area towards the one side of the Vivarium with an overhead heat source; use an Arcadia Pro Ceramic Lamp Holder & Bracket (RADCHP) with a HabiStat Heat Bulb (HBB100) running through a High Range HabiStat Dimming Thermostat (HTDWHR).

Dimming thermostats are designed to regulate temperatures using a thermostat probe (also

known as a sensor). Correct placement of the probe is critical to avoid overheating and injury to the Bearded Dragon.

Check temperatures regularly, using a reliable dual thermometer and hygrometer to ensure that there are no extreme fluctuations.

Lighting

Use the Arcadia Pro T5 Kit 39 Watt 14% (RARTP39D) or the 12% equivalent (RARTP39R) starting flush in the basking end to provide optimal exposure; this will leave an area of low to zero UV in the cooler end.

Ensure that it is fitted correctly and within the manufacturers recommended distances.

Substrates and Decoration

Personal choice will dictate how you decorate your Vivarium, but we recommend the following as a guide.

HabiStat Bearded Dragon Bedding (HSBDB10) or Arcadia EarthMix Arid (RAREA10).

Wood and branches for climbing on.

Artificial or live plants for decoration and to provide darker areas for the Bearded Dragon to hide. Extra caution should be taken with artificial plants - a hungry Bearded Dragon could mistake such as being real and potentially cause injury if consumed.

DIET & WATER

Hatchlings through to adults should be offered appropriately sized insects. As a rule, the distance between the lizard's eyes will give you the approximate width of live food to feed your Bearded Dragon.

Most juvenile and older dragons will eat shredded leafy greens (i.e., spring greens, kale, rocket, watercress, as well as wild weeds), dandelions, plantain, and white/red dead nettles. Ensure that any food source gathered from the wild has been collected from an organic source.

Always provide source of fresh water in a small bowl in the cooler end of the Vivarium. The bowl should NOT be big enough for the Bearded Dragon to lay in as this could potentially cause related issues.

SUPPLEMENTATION

Bearded Dragons need additional supplementation in the form of a calcium and multi-vitamin powder such as Arcadia Earth Pro-A (RAREP100) and Arcadia Earth Pro Calcium Mg (RAREPCM80). Please follow the packaging instructions.

ADDITIONAL INFORMATION

Bearded Dragons shed their skin in patches. It can sometimes take up to 1 week for a Bearded Dragon to completely rid itself of its old skin; this process is called shedding.

A juvenile Bearded Dragon will shed its skin every few weeks and an adult will shed as little as 2-3 times a year. You can usually tell if your Bearded Dragon is going to shed, as its skin colour will appear duller than normal and may have a washed out look.

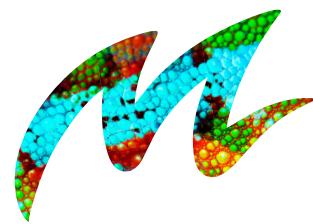
HEALTH & HYGIENE



We recommend the following cleaning routine to keep your Bearded Dragon healthy and happy:

	Water	Substrate	Enclosure
Daily	Change old water for fresh water	Spot clean	Check vents on enclosure are not blocked and allow air to pass through freely
Weekly	Disinfect water bowl or dish	Agitate substrate to prevent any bacterial build-up and remove any dirty bedding	Wipe down glass and walls with a reptile safe disinfectant
Monthly		Take out old substrate and replace with new substrate	Wipe down inside the enclosure and disinfect décor with a reptile safe disinfectant

Always wash your hands, surfaces and equipment with warm water and disinfectant immediately before and after handling or feeding your Bearded Dragon, their food, enclosure and any other equipment.



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